



Primary Care vs. Urgent Care vs. Emergency

Should you go to the Emergency Room? Should you seek Urgent Care? The following lists will help you decide where you can go to receive the proper care.

Visit your Primary Care Provider for the timely treatment of acute illnesses and injuries such as:

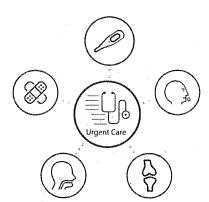
Full range of preventive care

Common illnesses

Referrals to a specialist

Ongoing medical conditions





Visit Urgent Care for non-life-threatening, time-sensitive ailments (may occur during off-hours, nights, weekends, holidays, etc.) such as:

Allergic reactions

Bone x-rays for sprains or strains

Rashes, cuts or scrapes that may require stitches

Tetanus and flu vaccinations

Eye swelling or irritation

Fever, cold, flu, sinus problems, or sore throat

Frequent and painful urination

Mild to moderate asthma attack

Nausea, vomiting, diarrhea and other stomach issues

Visit an Emergency Room or call 911 for more serious or life-threatening conditions such as:

Heart attack symptoms

Chest pain, numbness in limbs or face

Difficulty speaking or shortness of breath

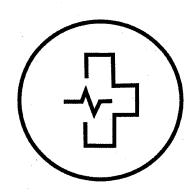
Coughing up or vomiting blood

High fever with stiff neck, mental confusion or difficulty breathing.

Stroke

Sudden or unexplained loss of consciousness

Wound that will not stop bleeding



Questions? Please call your El Paso VA Community Care Office at (915) 564-7899 8:00 AM to 4:30 PM, Monday through Friday



